

ARTICHOKE FRITTATA

Recipe from Betty Foster

Preparation Time: 30 minutes

Baking time 30 minutes

Ingredients:

2 jars of marinated artichoke hearts chopped fine

4 eggs

8 saltine crackers

1 to 2 drops Tabasco sauce

salt & pepper to taste

6 green onions chopped fine

small clove garlic (or garlic powder)

2 cups crated cheddar cheese

Directions:

Drain artichoke oil into skillet...add onions & garlic...sauté until tender

Beat eggs...add artichoke heart, crackers and onion garlic mixture.

Pour into greased 8 x 8 Pyrex dish

Bake at 325 degrees for 30 minutes

Can be made a day a head...Just keep refrigerated.

Serve warm, cold or at room temperature

Double the recipe for a 9 x 13 pan